touching lives

Document/Form

Oasis Summer Fresh Foodbank 2026 Feedback Report to Cobham Combined Charities

September 2026

In numbers

This summer, we held four fresh foodbanks during the month of August. In total, using the generous £5,000 funding from Cobham Combined Charities, we were able to support **170 families** at an average spend of **£28.13 per family per week**.

Here is a breakdown of the numbers:

Number of Cobham Families		
Week 1		38
Week 2		45
Week 3		41
Week 4		46
Total		**170**

CCC FUNDING	**£ 5,000.00**
Summer Spend	**£ 4,782.10**
Difference	**£ 217.90***

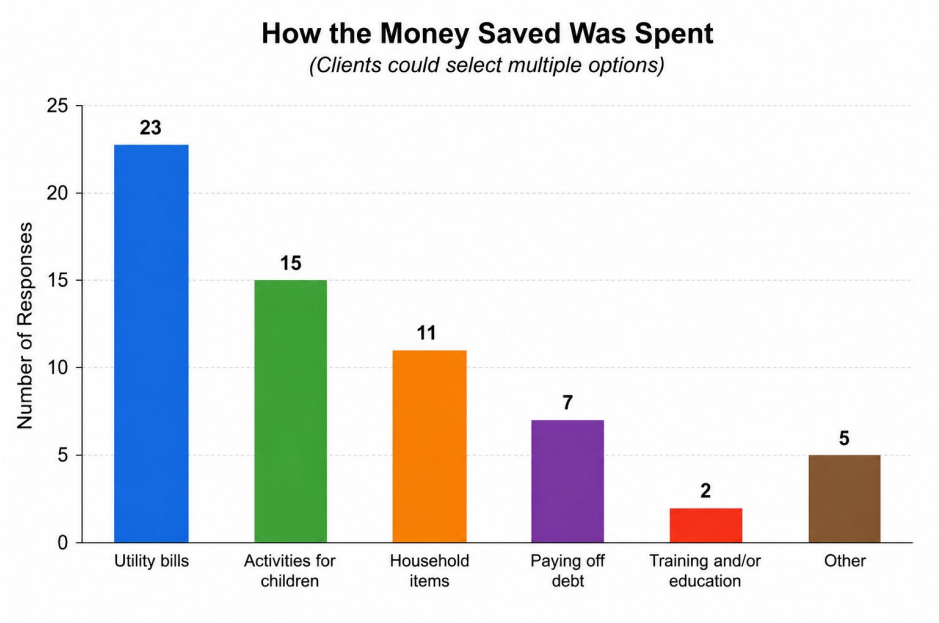
**With permission, we would like to reallocate the remaining £217.90 to our Chrismas food hampers for Cobham-based families.*

Number of Adults and Children		
	Adults	Children
Week 1	50	67
Week 2	61	76
Week 3	53	70
Week 4	52	78
Total	**216**	**291**

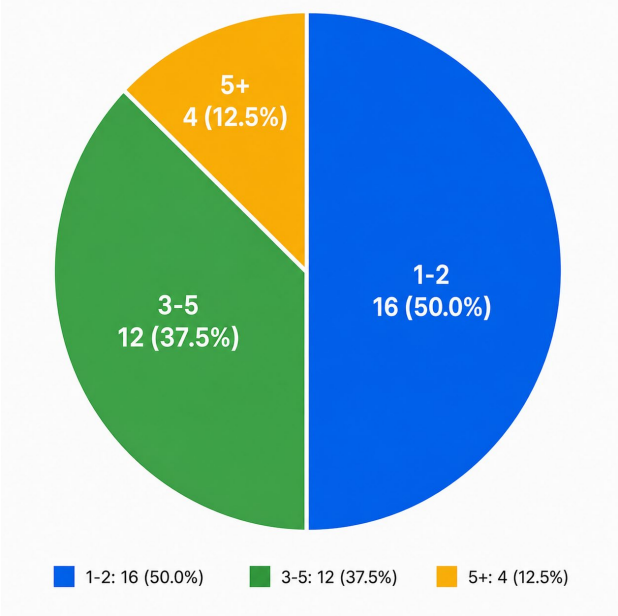
Impact

According to the respondents of our feedback form, 84% of these families esimated that Oasis' weekly fresh foodbanks saved them over £20 a week on their food bills with 59% estimating that the amount saved was greater than £30 a week.

These families told us that they were able to reallocate the money saved to the following expenditures:



How many meals families estimated they made with our fresh foodbank provision:



NB: It should be noted that some families contain up to 6 children so, in those cases, the food does not go as far. Where possible, we offer extra food to those with more mouths to feed and provide items from our onsite pantry for anyone to access during the foodbanks.

Feedback shows that Oasis' fresh foodbanks made a significant positive difference to Cobham-based families during the school holidays.

Families highlighted that the support:

- **Reduced financial pressure,** helping them save on weekly food costs and use money for bills, school essentials and children's activities.
- **Provided reassurance and peace of mind**, particularly when children were at home and families faced the additional cost of meals without free school meals.
- Gave families **access to fresh, nutritious, high-quality food** that they could not always afford, including fruit, vegetables, dairy, eggs and fish.
- **Encouraged healthier eating and cooking**, with children enjoying helping to prepare meals and trying new foods.
- **Improved family wellbeing**, reducing worry and allowing families to spend more positive time together during the holidays.

In summary, Oasis' fresh foodbanks helped families put nutritious food on the table, reduce financial pressure and experience greater security and peace of mind during the school holidays. The support also created opportunities for healthier eating, family cooking and positive experiences with children.

In words – Oasis Clients

- *It was appreciated beyond measure and helps ease the pressure financially. Also helped me feel seen and looked after.*
- *Having the support from Oasis with the summer food bank took lots of the pressure off our family . Things can be extra hard during the school holidays when our children don't get the free school meals during the week. Having access to the fresh food bank took away the worry of the extra meals we would need to find .*
- *It encouraged me to cook fresh healthy meals, saved money which could be put towards school uniform items and it took some pressure off me.*
- *Without access to your foodbank, things would have been really difficult for me and my family. I don't really have anyone to rely on for help, so we would have struggled to have enough food. The support we received made a huge difference to us.*
- *(Without Oasis' fresh foodbanks) We wouldn't have eaten as healthy.... There are no other fresh food banks that I am aware of.*

In Pictures









